



**MONEY BASICS FOR LIFE:  
KNOW WHY  
CREDIT MATTERS  
AND HELP AVOID  
IDENTITY THEFT.**

Regions strives to provide people with disabilities with the guidance, tools and ability to bank independently and on your own terms. With this seminar, learn the value of credit and your credit score, how to help avoid identity theft and get more out of life.

**What you'll learn:**

- What is credit and the cost of credit
- How to use credit effectively
- How to help protect yourself from identity theft