

MAKING A MONEY GAME PLAN FOR TOUGH TIMES

REMEMBER THESE IMPORTANT TIPS WHEN CREATING YOUR MONEY GAME PLAN!

Select the links below to access resources mentioned in today's webinar.

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| <p>1 DON'T PANIC, PLAN!</p> <p>2 EXAMINE YOUR CURRENT FINANCIAL SITUATION</p> <p>3 CHANGE YOUR MINDSET</p> | <p>4 RETHINK YOUR SPENDING HABITS</p> <p>5 CREATE A SPENDING PLAN (BUDGET)</p> <p>Financial Goals Worksheet
 Daily Spending Tracker
 Personal Spending Plan Worksheet
 52-Week Savings Challenge</p> | <p>6 BE PROACTIVE</p> <p>7 REDUCE EXPENSES</p> <p>8 INCREASE INCOME</p> |
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MEET THE PANEL



Joye Hehn, Next Step Financial Education Manager at Regions Bank, has a passion for helping people improve their financial know-how and ensuring that we all have the tools and guidance we need to be proactive in pursuing our goals and dreams.



Eric Smith, The Financial Literacy Coach, has more than 28 years of experience in the financial industry. As a financial literacy speaker, Eric has shared his financial success programs with tens of thousands of professional athletes, collegiate student athletes, and those in corporations across America. For more advice from Eric on managing your money during a crisis, watch his Money Tips videos at Regions.com/NextStepCoronavirus.

UPCOMING FINANCIAL WEBINAR



MONEY MATTERS: MANAGING FAMILY FINANCES TOGETHER

Join us and Jessica Turner, [The Mom Creative](#), on July 15 for the upcoming Next Step Webinar, **Money Matters: Managing Family Finances Together**. To register or explore our full schedule of webinars, visit Regions.com/NextStepWebinars.

LEARN MORE

Regions Next Step is a bank-wide financial wellness program designed to help people better understand their finances. With an online collection of articles, podcasts, worksheets, calculators and other useful resources, Next Step can help you break down your financial goals into manageable and achievable steps. No matter your stage in life, we're here to help you move your life forward.

For more financial tips and tools, please visit Regions.com/NextStep.

Make an appointment with a Regions banker:

- Call the Regions Green Line at 1-800-REGIONS
- [Make an Appointment](#)
- Visit any Regions branch